

## [U-First! Training](#)

The U-First! Division of OCSA is continuing to co-ordinate the *U-First! Training for Front-line Workers and their Supervisors*. These sessions are being offered to Ministry of Health (LHIN) funded LTC Homes, Community organizations as well as Retirement Homes, Community Living agencies, Developmental Services and other senior services for a fee.

Organizations may train PSWs or staff from different departments including activation, recreation, transportation, day programs and dietary. It is recommended that a supervisor or P.I.E.C.E.S. trained staff person attend along with the workers. Organizations are not limited in the number of workers they can train.

Training sessions can be customized to provide weekday, weekend and evening sessions.

Workshops are being delivered by a facilitation team of Psychogeriatric Resource Consultants and Program Education Coordinators. All facilitators have received training in U-First! as instructors.

The fee for training is \$65.00 per participant. Group rates can also be negotiated.

The fee includes the resource manual, two U-First! wheels, a cue card, workshop coordination, an official certificate of completion and data compilation in a centralized database that is available for the LHINs, Ministry of Health, Educational Institutions and Employers at the request of the participant.

Please contact Borka Babic at 416-256-3010 ext. 228 or email her at [borka.babic@ocsa.on.ca](mailto:borka.babic@ocsa.on.ca) to book a session. Also, if you know of organizations that could benefit from this training, please let her know.

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