



## Family Caregivers and Home Care: Partners in Care

April 11, 2016: National Caregiver Day provides an opportunity for us to reflect on the contributions of family caregivers who are the “backbone of the health care system” and the mainstay of the home care system. According to the Canadian Institute for Health Information, only 2% of people receiving home care manage without a family caregiver.

Working in the home side by side, Home Care Providers have a unique relationship with family caregivers. Together, they problem solve the many challenges of providing direct care and accessing additional services and support.

As the health system continues to move toward care at home, we must continue to explore opportunities to sustain families in their caregiving work. Read Home Care Ontario’s recommendations, [\*Family caregivers – the essential ingredient to successful health care transformation.\*](#)

- 30 -

### **About Home Care Ontario**

Home Care Ontario, *the voice of home care in Ontario™*, is a member-based organization with a mandate to promote growth and development of the home care sector through advocacy, knowledge transfer, and member service. Home Care Ontario members include those engaged in and/or supportive of home-based health care. In Ontario, Home Care Providers are responsible for delivering nursing care, home support services, personal care, physiotherapy, occupational therapy, social work, dietetics, speech language therapy and medical equipment and supplies in the home to individuals of all ages. An estimated 58 million hours of publicly and privately purchased home care service is provided annually across the province.

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