



## **Celebrating Seniors in Ontario**

June 13, 2016: The theme for Ontario's 32<sup>nd</sup> anniversary of Seniors' Month in Ontario is *Seniors Making A Difference*.

Home Care Ontario is pleased to honour the knowledge and experience of seniors across the province. Seniors contribute their time and talent, enriching the lives of Ontarians and strengthening their communities. In addition to showing appreciation, Seniors' Month is a time to reflect on the supports provided to Ontarians over 65 years, as they age.

Ontarians can *make a difference for seniors* by adopting a proactive enabling approach to aging. Progressive policies that address transportation, social isolation and support for family caregivers will encourage older adults to remain at home and contributing to their communities. It is time to speak openly about preparing for old age and discussing the full range of service options that are available.

As seniors give to their communities so must their communities give to them. This requires integrated and inclusive comprehensive policy decisions that demonstrate a shift from 'caring for' to 'caring about' seniors. Seniors' Month reminds all Ontarians to think about making a difference by actively contributing to the creation of an age friendly society.

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### **About Home Care Ontario**

Home Care Ontario, *the voice of home care in Ontario™*, is a member-based organization with a mandate to promote growth and development of the home care sector through advocacy, knowledge transfer, and member service. Home Care Ontario members include those engaged in and/or supportive of home-based health care. In Ontario, Home Care Providers are responsible for delivering nursing care, home support services, personal care, physiotherapy, occupational therapy, social work, dietetics, speech language therapy and medical equipment and supplies in the home to individuals of all ages. An estimated 58 million hours of publicly and privately purchased home care service is provided annually across the province.

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